

Unit 4: GOD'S LOVE TRANSFORMS US

Lesson 4.2 Sunday of Expulsion

Teacher Preparation and Materials Needed:

Class activity: *If time permits, after discussing the lesson and understanding how temptation takes us away from God, stand in a circle and pray together the Wisdom Prayer and ask God to give you strength to overcome temptations not only during your Lenten Journey, but at all times.*

Activity 1: Prayer, Fasting, Almsgiving - Connect With Lines

Activity 2: Prayer, Fasting, Almsgiving - Wrong Answer and Correct Answer

Activity 3: [Prayer Blocks](#)

Items Needed: Prayer cube print outs on cardstock, scissors, and glue.

**Note: Encourage the older students to assist the younger ones.*

***Note: Required prayer for this lesson is the Wisdom Prayer. Feel free to make all prayer blocks or another one of choice.*

Homework Activity: My Lenten Goals worksheet

**Note: Consider encouraging the use of the 2024 Lenten calendar*

Words of the week:

արտաքսում - ardaksoom - exile

դրախտ - trakhd - paradise

պատուիրան - badveeran - commandment

Memory Verse:

“From any tree of the garden you may eat freely; but from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it, you will surely die”

Genesis 2:16-17

Lesson

Lesson Opening & Creating Interest:

**Wisdom Prayer, written by St. Nersess the Grace-filled (Shnorhali).*

Open with prayer:

Իմաստութիւն Յօր՝ Յիսուս, տո՛ւր ինձ իմաստութիւն, զբարիս խորհել եւ խօսել եւ գործել առաջի Քո՝ յամենայն ժամ. ի չար խորհրդոց, ի բանից եւ ի գործոց փրկեա՛ զիս. եւ ողորմեա՛ Քո արարածոց եւ ինձ բազմամեղիս: Ամէն:

Eemasdootyoon Hor Heesoos, door eents eemasdootyoon uzparees khorel yev khosel yev kordz arachi ko hamenayn jham. Ee char khorhrtos, paneets yev kordzots prgya zees yev voghormya ko araradzots eents pazmameghees. Amen.

Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.

Lesson Body:

On the Sunday of Poon Paregentan, before Great Lent begins, we celebrate good living and remember the prosperity and abundant life Adam and Eve had in paradise. It was there where they could live carefree and happily in God's presence. Those were the happy days, until Adam and Eve lost that privilege by disobeying God's commandment.

Q: What was the one commandment God gave Adam and Eve?

A: *He told them they could eat from any tree in the garden, but not the tree of the knowledge of good and evil. God said, "From any tree of the garden you may eat freely; but from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it, you will surely die" (Genesis 2:16-17).*

Because of that disobedience of God's commandment, Adam and Eve's first sin, they could not live in God's presence anymore. Since then, all humans have lost that privilege of joyful, carefree life in the Garden of Eden.

During Great Lent each Sunday has a special name and teaches us something important about our faith. Today, the first Sunday after Poon Paregentan is called **the Sunday of Expulsion**, and it reminds us the sin of disobedience and when Adam and Eve were expelled from paradise.

It also reminds us that the Lord our God is loving and has called us to come back to Him by sending His Son, our Lord and Savior Jesus Christ to show us the way. Therefore, the Church offers us the opportunity during Lent to examine ourselves and correct whatever behavior or attitude separates us from God. Three words describe that effort: prayer, fasting, and almsgiving.

Read out loud:

"From any tree of the garden you may eat freely; but from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it, you will surely die"

Genesis 2:16-17

Words of the Week:

արտաքսում - **ardaksoom** - **exile**

դրախտ - **trakhd** - **paradise**

պատուիրան - **badveeran** - **commandment**

Activity 1: Look at the words and phrases listed and draw a line to the word which it best describes. You may find more than one for each word.

PRAYER

FASTING

ALMSGIVING

- avoid eating rich foods
- conversation
- give money to the needy
- relationship
- shelter the homeless
- reduce time spent on social media and video games
- spend time with a friend
- be a friend to one who is alone
- make more time for charitable works

Activity 2: Attitude is extremely important as we engage in prayer, fasting, and almsgiving.

In the Gospel of **Matthew 6:1-18**, Jesus identifies the attitudes acceptable to God as we **pray, fast, and give alms**. In your Bible read the verses indicated next to each word. Identify the wrong and correct attitudes, then write them next to each word under the proper heading.

* This can be done as a group activity where older student assist the younger ones.

WRONG

CORRECT

PRAYER Mt. 6:1-4

FASTING Mt. 6:5-15

ALMSGIVING Mt. 6:16-18

Activity 3: [Prayer Blocks](#)

Directions: Cut according to lines and crease the folds. Using glue to assemble the sides in order to create a cube and/or a pyramid (if using the Lord's Prayer sheet).

Review

Memory Verse Review:

“From any tree of the garden you may eat freely; but from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it, you will surely die.” - Genesis 2:16-17

Words of the Week Review:

արտաքսում - ardaksoom - exile

դրախտ - trakhd - paradise

պատուիրան - badveeran - commandment

Lesson Review:

Questions:

1. How did Adam and Eve live in the Garden of Eden? (They were carefree and happy in God’s presence)
2. What commandment did God give them in the Garden of Eden? (To eat from any tree except the tree of the knowledge of good and evil)
3. How have we come back into God’s presence? (Through Jesus Christ, namely His death and resurrection)
4. During Lent, what can we do to correct our behavior and attitude, so we do not separate ourselves from God? (Pray, fast, and give alms)

** Departing Prayer, written by St. Nersess the Grace-filled (Shnorhali).*

Close with prayer:

Պահապան ամենայնի Քրիստոս, աջ Քո հովանի լիցի ի վերայ իմ, ի տուէ եւ ի գիշերի, ի նստիլ ի տան, ի գնալ ի ճանապարհ, ի ննջել եւ ի յառնել, զի մի երբեք սասանեցայց եւ ողորմեա՛ Քո արարածոց եւ ինձ բազմամեղիս: Ամէն

Bahaban amenayn Kreesdos, ach Ko hovanee leetsee ee vera eem; ee dveh yev ee keesheree, ee nsdeel ee dan, ee knal ee janabarh, ee nunchel yev ee harnel, zee mee yerpek sasanetsayts yev vog-hormya Ko araradzots yev eents pazmamyghees. Amen.

O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.

At Home

Memorize By Next Week:

“From any tree of the garden you may eat freely; but from the tree of the knowledge of good and evil you shall not eat, for in the day that you eat from it, you will surely die.” - Genesis 2:16-17

As you walk the Lenten journey, talk to your parents, reflect, and identify what you need to do to enhance your prayer life, and what are some things that you need to improve in your daily routine so you can live your life in God’s loving presence. Use the Lenten calendar as a guide.

My Lenten Goals

Write down your personal goals and what you must do to achieve them during this Great Lent.
