

## Unit 4: GOD'S LOVE TRANSFORMS US

### Lesson 4.2 Sunday of Expulsion

#### Teacher Preparation and Materials Needed:

**Activity:** [Prayer Blocks](#)

**Items Needed:** Prayer cube print outs on cardstock, scissors, and glue.

*\*Note: Encourage the older students to assist the younger ones.*

*\*\*Note: Required prayer for this lesson is the Wisdom Prayer. Feel free to make all prayer blocks or another one of choice.*

**Homework Activity:** My Lenten Goals worksheet

*\*Note: Consider encouraging the use of the 2024 Lenten calendar*

#### Words of the week:

խօսակցութիւն - khosagtsootyoon - conversation

իշխանութիւն - eeshkhanootyoon - control

օգնութիւն - oknootyoon - help

#### Memory Verse:

Lord, open my lips, and my mouth  
will sing your praise.

- Psalm 51:15

# Lesson

## Lesson Opening & Creating Interest:

Open with prayer:

**Wisdom of the Father, O Jesus, grant to me the wisdom to think, speak, and do that which is good in Your sight. Save me from all evil and distracting thoughts, words, and deeds. Have mercy upon your creatures and upon me, a great sinner. Amen.**

## Lesson Body:

Last Sunday, the day before Great Lent began on Monday, we celebrated Poon Paregentan – the Premiere Carnival. You probably noticed that a few things were different in the church. Let's try to remember what they were. At the end of the Holy Badarak, the curtain remained closed and when you left the church, you didn't kiss the Gospel.

**Q: Why do you think this was?**

*A: During Great Lent, the closed curtain, not kissing the Gospel or the cross are reminders of our separation from God because of our sinful disobedience. It is only at the end of Great Lent, when we are reunited with Christ through His resurrection and His defeat of death, sins, and demons.*

As we learned in our previous lesson, Great Lent is a period of 40 days during which we become good servants of God through prayer, fasting, and acts of kindness. Let's try and remember what those three things are.

### PRAYER

Prayer is our conversation with God. With prayer we thank and give glory to our Lord. We ask Him to keep us and our loved ones safe. Prayer helps us to have a good relationship with God, our Father, and it is something we don't only do at church. We pray in our classroom before each class, we pray at home before meals, we pray when we are worried, when we are grateful, and when we need God's help to improve ourselves. So, during Great Lent we have to try our best and pray many times every day.

### FASTING

Fasting is when we willingly give something up that we know we can have but choose not to, or something we have a hard time saying no to. During this time, many faithful choose not to eat certain kinds of foods, such as meat, milk products, eggs, or delicious sweets. Others promise not to play video games, be on the phone all the time, or say no to ice cream or candy they love to eat so much. Being able to say no to these things means that you have control over them. But if you cannot say no, then they have control over you.

### ALMSGIVING (Acts of Kindness )

Acts of kindness, or almsgiving, is when we show mercy and do good for others. This can be done in many ways. We can share our blessings with those who do not have enough to eat or clothing to wear or toys to play with. Trying to follow directions well, playing kindly with classmates, being kind to all people, and telling the truth are some ways to show acts of kindness.

During the days of Great Lent, we must pay special attention to these three things that will help us become better Christians and good friends of Jesus Christ, our Lord.

**Activity:** [Prayer Blocks](#)

*\*Note: Required prayer for this lesson is the wisdom prayer. Feel free to make all or another one of choice.*

**Read out loud:**

Lord, open my lips, and  
my mouth will sing  
your praise.

Psalm 51:15

**Words of the Week:**

խօսակցութիւն - khosagtsootyoon - conversation

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**Class activity:** Stand in a circle and pray together the Wisdom Prayer and ask God to give you strength to overcome temptations not only during your Lenten Journey, but at all times. You can also start with Psalm 51:15

## Review

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### Memory Verse Review:

Lord, open my lips, and my mouth will sing your praise. (Psalm 51:15)

### Lesson Review:

1. What are the 40 days before Holy Week called? (Great Lent)
2. What is prayer? (A conversation with God)
3. What happens if we cannot say 'no' to things? (Then those things have control over us)
4. Name one way we can be kind to others. (Answers will vary)

### Words of the Week:

խօսակցութիւն - khosagtsootyoon - conversation

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**Close with prayer:**

**O Christ, guardian of all, let Your right hand guard and shelter me, by day and by night, at home and abroad, in sleeping and in waking, that I may never stumble. Have mercy upon Your creatures and upon me, a great sinner. Amen.**

## At Home

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**Memorize By Next Week:**

Lord, open my lips, and my mouth will sing your praise. (Psalm 51:15)

As you walk the Lenten journey, talk to your parents, reflect, and identify what you need to do to enhance your prayer life, and what are some things that you need to improve in your daily routine so you can live your life in God’s loving presence. Use the Lenten calendar as a guide.

## *My Lenten Goals*

***Write down your personal goals and what you must do to achieve them during this Great Lent.***

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