THE PSALMS WORKSHEET

1. Read the following Psalms and complete the chart.

Psalm Type	What feelings are expressed in these Psalms?	When do we have these feelings?	When could we use these Psalms as our prayers?
Psalms of Praise Ex. 8, 95, 100, 150			
Psalms of Lament Ex. 13, 42, 51, 142			
Psalms of Trust Ex. 23, 121, 131			

- 2. What feelings are you feeling right now? What type of Psalm would be your prayer? Choose a Psalm (or several verses) to be your prayer and write it down.
- 3. Two other types of Psalms tell us about God's Word. These are Torah and Wisdom Psalms. Psalm 119 is an example of a Torah Psalm. Read several sections of this Psalm. What does it teach us?
 - 4. Read the verses below. What type of Psalm is each?

Psalm 1:1-3	Psalm 19:7
	Psalm 105:1-3
Psalm 6:1-3	
Psalm 13:1-2	Psalm 145:1-3
Psalm 16:8-10	

- 5. What subjects or situations exist today that need to be brought before God? These can be personal, community or global in scope. Choose one and write your own Psalm concerning this issue.
- 6. Divide into 3 groups (or you could assign to individuals or pairs). Assign each group one of the following tasks. These will be used for the closing worship.
- A—Praise and Thanksgiving: Choose a Psalm (or several verses) of praise and thanksgiving to be used to offer praise to God.
- **B**—God's Word: Choose several verses of Psalm 119 (or another Torah or Wisdom Psalm) to tell the place and importance of God's Word in our lives.
- C—Hymn: Using a hymn book or other song book, choose a song that is based on one of the Psalms to be sung to close worship.



--- अन्द्र ५० ४५४४ -------1-0.47 1.00.00 AMERICA AND AMERICAN AND AMERIC

HILL OF MANAGEMENT