

TO DO OR NOT TO DO

1. Do behaviors fall in line with your values and beliefs? Rate yourself on a scale of 1-10 (1 being "my behaviors don't reflect my values at all" and 10 being "my behaviors match my values all the time").

2. When you think that something is **wrong**, but you go ahead and do it anyway—
How do you feel?

Why did you choose to do it?

Do you feel guilty later?



3. What would you like to change **most** about your behaviors and values?

4. Last night Blake was supposed to help his youth group leader plan for the upcoming year of activities. But then his friend Deon called and said that the guys were going out drinking for Ryan's 18th birthday—and telling their parents they were having a study group. Blake wanted to go—Deon and Ryan were his best buddies. And it's not like he had to help plan for youth group next year. He could do it some other time. Bill called his youth leader and lied, saying that he had to study for the math test that he had forgotten about. His youth leader understood—but the next day called to see how the math test went.

What do you think of Blake's decision?

What would you do if you were Blake?

What advice would you have for Blake?

What would you think if you were the youth leader and you found out the truth?

5. Read the following Bible verses, and rate yourself on the scale of 1-10 (1 = you're on track and 10 = you need to work on this).

___ Luke 6:46-47

___ Romans 7:15

___ Romans 14:22

___ Galatians 5:16

___ 1 John 1:9

What do these verses say about Godly values and behaviors?