



Signs are very important to us. When we learn to drive a car we need to know what the street signs and traffic lights mean. When we're looking for a store or office building we have to be able to read and recognize signs.

God sent his son Jesus to us to give us signs to follow. These signs are called *sacraments*. A sacrament is a sign or symbol which shows God's plan for all of our lives through Jesus.

When we take part in the sacraments we are following God's plan for us for a

healthy spiritual life and a path which will lead us to God's Heavenly Kingdom.

Our parents give us a plan for good physical health, by teaching us to brush our teeth after each meal, take a bath every day, eat good foods, get enough sleep every night, and get plenty of exercise.

God's plan for us through Jesus' teachings is the seven sacraments. The Armenian word for sacrament is "khorhoort." This word also means "mystery." The seven sacraments are:

Baptism
Chrismation
Holy Communion
Penance
Marriage (Holy Crowning)
Holy Orders (Ordination)
Anointing

Mgrdootiun
Gnoonk or Troshm
Soorp Haghortootiun
Abashkharootiun
Soorp Busag
Tzernatrootiun yev Odzoom
Odzoom



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