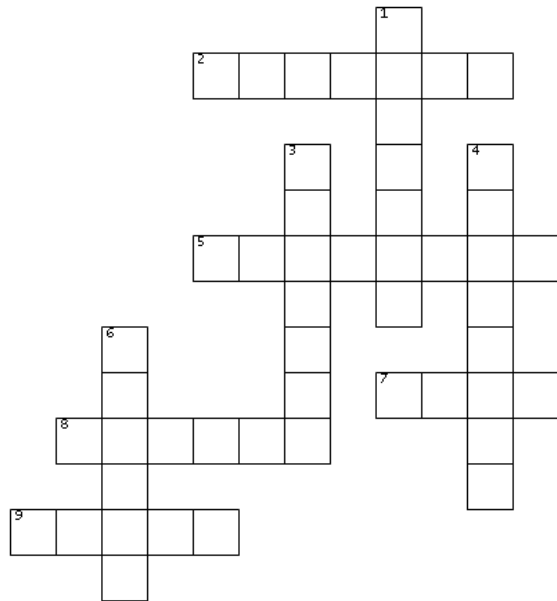


POON PAREGENTAN (PREMIERE CARNIVAL)

Poon Paregantan is the last Sunday, which precedes the six-week period [40 days] of Great Lent. It falls seven weeks prior to the Resurrection [Easter Sunday] and is moveable within an interval of thirty-five days, along with the Feast of the Resurrection [Easter], from February 1 to March 7. The theme of this day recalls man's existence while living in perfect harmony with God in the Garden of Eden. The hymns and odes of the day recall the story of God creating mankind in His image and likeness, placing man in a bountiful garden paradise without sin and allowing man to share in His divinity.

Poon Paregantan ushers the faithful into the Lenten period of strict fasting, penance and reconciliation, with its ultimate destination of Easter, the Feast of the Glorious Resurrection of Our Lord Jesus Christ.

LORD'S PRAYER CROSSWORD



ACROSS

2. And _____ us our trespasses
5. _____ be Thy name
7. And _____ us not into temptation
8. Our _____ who art in heaven
9. Give us this day our daily _____

DOWN

1. Thy _____ come
3. But _____ us from the evil one
4. As we forgive those who _____ against us
6. On earth as it is in _____



RAISING SAINTS

SUNDAY BULLETIN FOR YOUTH

SPIRITUAL WEAPONS

Poon Paregantan (Premiere Carnival) | Gospel Reading: Matthew 6:1-21

When a soldier goes into battle, they take weapons to fight against the enemy. They take weapons like guns, armor, knives, and other things. With these weapons, they are able to defeat the enemy that is trying to harm and kill them. Christians are also given weapons to fight against evil, Satan, and the attacks of demons.

As Christians, the weapons we have are not physical weapons that we have to carry, but like real weapons and tools, we need to practice using them before we go off into battle. The weapons we are given are prayer, fasting and almsgiving. With these three weapons, Christians have been able to conquer the devil and evil around them.

Prayer is how we communicate with God. Satan hates that we are able to speak with God and will do everything to prevent us from talking to God. He will try to distract us, make us tired, or trick us into thinking that it is not important or fruitful to pray, for prayer can chase away Satan.

Fasting is when we do not eat certain foods (meats and dairy products). However, fasting can also be when we take time away from certain things: shopping, TV, social media, games, etc. When we take time away from these things, we are confirming that these things do not control us, but we are in control. If we cannot say "no" to eating a hamburger or buying shoes or turning off social media, we become slaves to those things.

Almsgiving is donating to the poor and helping the needy. We do this because we are not alone in our faith, but we have brothers and sisters who need help and God has given us the responsibility to assist others, by showing love.

These three weapons: prayer, fasting, and almsgiving are the tools we must practice during Lent, becoming stronger and better versed in using them against the evils of this world.

How will you use these weapons in the coming weeks?

ARMENIAN WORDS TO KNOW FROM HOLY BADARAK

այց => ayts => visit

Եւ մեզ այց արասցես բարերար Աստուած:

Yev mez ayts arastses parerer Asdvadz.

Visit us also, beneficent God.

(An example is on page 35 in the Liturgy Book Lord)

Poon Paregentan

C	Y	F	S	N	F	O	D	R	O	R	C	R	E
L	G	N	E	G	I	R	R	O	M	O	F	A	R
G	M	A	T	E	A	Y	R	O	L	G	A	R	R
M	N	Y	H	W	S	N	I	S	Y	T	S	O	I
Y	S	I	E	Y	M	T	N	U	O	M	T	O	I
U	Y	R	V	D	P	U	A	M	M	H	I	M	R
I	N	O	S	I	O	O	T	N	I	O	N	A	E
S	A	S	E	S	G	S	C	Y	U	A	G	P	Y
W	G	T	C	F	F	S	E	R	E	F	E	A	A
H	O	F	R	I	A	F	M	R	I	Y	L	G	R
U	G	I	E	G	T	A	M	L	M	T	O	N	P
I	U	A	T	U	H	C	I	R	A	O	E	N	R
A	E	M	E	R	E	E	E	Y	R	O	N	R	R
S	O	R	E	E	R	S	D	A	S	E	A	O	P

ANOINT
REWARD
SYNAGOGUE
GLORY
ROOM
SERMON
HYPOCRITE
FATHER
FASTING
MOUNT
PRAYER
DISFIGURE
ALMSGIVING
FACES
SECRET

Play this puzzle online at : <https://thewordsearch.com/puzzle/6677783/>

SPIRITUAL THOUGHT

It is better to attempt and not succeed than not to try at all. If we try, then there is a possibility that we may succeed. But if we do not try, then there is no possibility of success. God will not condemn one who receives a wound on the path to faith, but he will condemn the one who, being afraid of wounds, does not attempt to walk on the path to faith.



*For if you forgive men their trespasses,
your Heavenly Father will also forgive you.*

Matthew 6:14

*Զի եթէ թողուցուք մարդկան գյանցանս նոցա,
թողէ եւ ձեզ Հայրն ձեր երկնաւոր:*

Մատթէոս Զ.14