

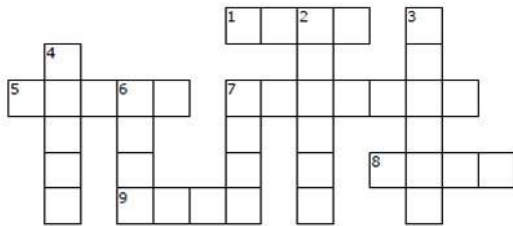
## DISCOVERY OF THE HOLY CROSS

The Armenian Church celebrates the Feast of the Discovery of the Holy Cross (Kyud Khachi) on the seventh Sunday of the Holy Cross. Empress Helena, mother of Constantine and a devout Christian, wanted to visit the Holy Land and explore the sites Christ had walked centuries ago. She went to Golgotha (Calvary), which had become an obscure and neglected place. According to some chronicles, it was an informed Jew named Juda who pointed out the location. At her instruction, workers excavated the site, and three wooden crosses were found. Which one was the True Cross? The three crosses were successively placed on the body of a youth who had just died. When one of the crosses was placed on him, the young man came back to life. This was determined to be the True Cross. The commemoration of this event takes place on the Seventh Sunday of the Exaltation of the Holy Cross.

### Take Up Your Cross

What good is it for a man to gain the whole world, yet forfeit his soul? Mark 8:36

Based on Mark 8:34-37



#### ACROSS

- The period between birth and death
- The object upon which Jesus was crucified
- To care about what you want without thinking of others
- To refuse to allow yourself something
- To no longer have something because it has been taken away

#### DOWN

- To be guided by someone else; to go behind
- The teachings of Jesus and the Apostles
- A large number of people gathered together
- The part of a person that continues to live after a person dies
- To keep someone or something safe from harm

FOLLOW  
GOSPEL

CROWD  
LOSE

SELFISH  
SAVE

LIFE  
CROSS

SOUL  
DENY



## RAISING SAINTS

SUNDAY BULLETIN FOR YOUTH

### FINDING YOUR CROSS

Feast of the Discovery of the Holy Cross | Gospel Reading: Matthew 24:27-36

Have you ever lost something? How did that make you feel? How long did you search for it? How did you feel when you found it? Imagine losing something for more nearly 300 years. That's what happened to the cross Christ died on.

After Christ was crucified, the cross was thrown away and forgotten. For early 300 years no one knew where it was but then the empress, Saint Helena, came to Jerusalem looking for it. She asked many people and finally found not only the cross (buried under the floor of a pagan temple), but also the tomb of Christ and many other holy sites. When the cross was discovered, she also found two other crosses (the crosses of the thieves who died with Jesus). No one knew which cross was Christ's and which was not.

At the same time there was a funeral passing by for a young boy. They decided to take the dead boy's body and placed it on each cross. When they placed his body on the first cross nothing happened. When they placed him on the second cross, his body remained cold and breathless. But when his body touched the third cross - he came back to life! Everyone was amazed at the miracle, excited to find the cross of Christ and praised God.

Ever since that day, we celebrate this event because it reminds us of an important truth. Each of us have a cross we are called to find within ourselves and carry. It won't be a physical cross, but a type of service to God that feels like a cross. It may cause us discomfort or be difficult, but if we find it and carry it (do the service God asks us to do for His glory) it will transform us into something better than we are today.

Your cross (that service to God) may be a responsibility you don't like doing or a job that seems boring or a mission you don't think you can do. But if you fulfill that responsibility, job or mission, you will be a better person and a better Christian.

What do you think might be your cross?  
How can you find it?

### ARMENIAN WORDS TO KNOW FROM HOLY BADARAK

սարկաւազ => sar-ga-vak => deacon

Վասն վարդապետաց, քահանայից, սարկաւազաց...

զՏէր աղաչեսցուք:

Vasun vartabedats, kahanayeets, **sargavakats**...

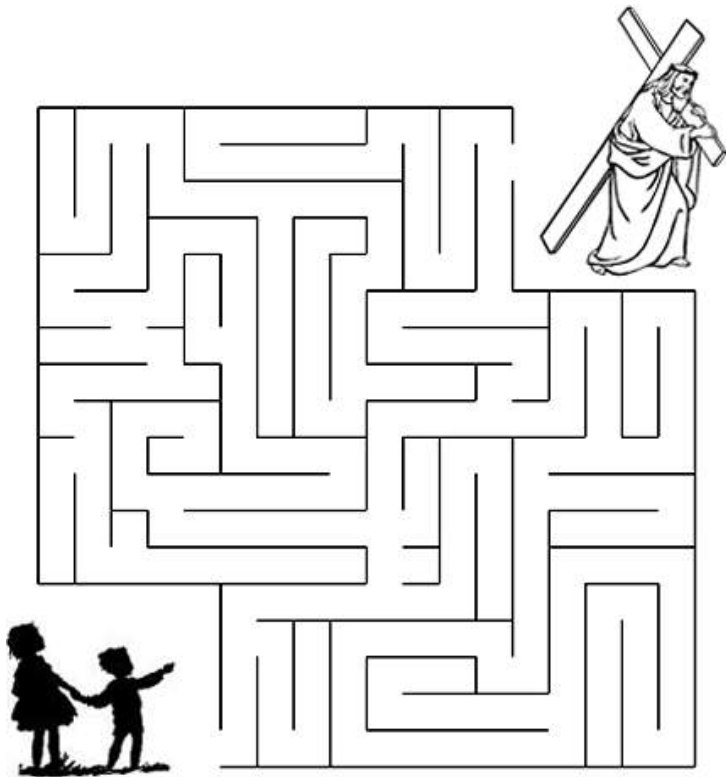
uzDer aghachestsook.

For doctors of the church, priests, **deacons**...

let us beseech the Lord.

(An example is on page 15 in the Liturgy Book)

### TAKE UP YOUR CROSS MAZE



SPIRITUAL THOUGHT

*Do not search today for men who can be helpful to you, but search for those men to whom you can be helpful. It is the way of the world to want to benefit from others, whereas it is the way of God to want to be helpful to others. Choose the way of God.*

Color and write down what the cross means to you.

For me, the CROSS is \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_.

