### FEAST OF THE HOLY CROSS OF VARAK

In the 3rd century, St. Hripsime and her companions, fleeing persecution, brought a relic of the holy Cross to Mt. Varak and left it to the local priests for protection. The location of the relic remained unknown until the 7th century when a monk by the name of Totig had a vision of a cathedral with twelve pillars on the summit of Mt. Varak. In the midst of the cathedral was a radiating cross, which then slowly descended down the mountain and rested over the altar of the monastery of Varak. Totig and his student Hovel rushed to the church and found that the vision revealed the location of the relic of the holy Cross that St. Hripsime entrusted to the priests centuries earlier. Catholicos St. Nersess the Builder certified its authenticity and ordered that the Armenian Church dedicate the third Sunday of the Cross to venerating the Holy Cross of Varak, although today, the location of the relic remains unknown.

# **EXPLAIN THE ICON GAME**



Icon of the Second Coming of Christ (the End of the World)

- How many angels do you see in the icon?
- 2. Who are the two figures next to Jesus?
- 3. What is Jesus sitting on?
- 4. Where do all the bad people in the red river end up?

Answers: 1. 20 angels; 2. Mary, the Mother of God & John the Baptist; 3. A rainbow; 4. Mouth of Satan



SUNDAY BULLETIN FOR YOUTH

## BEING PREPARED FOR CHRIST'S ARRIVAL

Feast of the Holy Cross of Varak | | Gospel Reading: Matthew 24:30-36

When a guest or friend is going to come over your house, you prepare for their arrival. You may clean your room, make sure you have snacks, and/ or prepare games and things to do when they come over. You also know what time they are going to come and visit. Jesus has told us that He will also come back to earth one day.

However, He has not told us when He will return. Many people try to figure out and guess when Jesus will come back, but Jesus is very clear that no one know when He will come.

So how do we prepare for Christ's return? Should we prepare like when a friend is coming over with snacks and cleaning our room?

No, not exactly. Yet, some ways to prepare for Christ's return are by keeping a consistent prayer life, fasting (not eating certain foods) often, helping and ministering to those in need, and attending church and receiving the Body and Blood of Christ (Holy Communion) on a regular basis.

Not knowing when Christ will come makes us always be on guard and be ready. If we know when Christ will visit us, we may just prepare for Him right before He arrives (maybe like we do with our friends). We may not live our whole lives waiting and preparing for Him and only prepare during the last few minutes. We must always be ready, expecting Jesus Christ to come at any moment.

How can you prepare for when Christ returns?

What things can you change in your life for Christ?

#### ARMENIAN WORDS TO KNOW FROM HOLY BADARAK

ิ 3 Rutumuug => ha-va-damk => we believe

**Յաւատամք** ի մի Աստուած։ Havadamk ee mee Asdvadz. We believe in one God. (An example is on page 18 in the Liturgy Book)



#### **Word Bank**

SIN	MATTHEW	HEAVEN
JESUS	GOLD	GOD
THRONE	LIFE	JOHN
TREASURE	JERUSALEM	CROSS









Երկինք եւ երկիր անցցեն, եւ բանք իմ մի՛ անցցեն։ (Մատթէոս ԻԴ.35)

Heaven and earth will pass away, but My words will not pass away. (Matthew 24:35)