

Session 2 - Prayer

St. Nersess Shnorhali



Jesus, wisdom of the Father, grant me wisdom that I may always think, speak, and do that which is good in your sight. Save me from evil thoughts, words, and deeds, and have mercy upon me a great sinner.

*I Confess With Faith
Prayer 11*

- 12th century (1102-1173)
- One of the outstanding Catholicoi of the Armenian Church
- Pioneering ecumenist, great leader
- Wrote prayers, hymns, essays, poetry.
- *I Confess With Faith* consists of 24 prayers recited during the Rest Service (*Hankusdootyan Zham*)

St. Gregory of Narek

Dear Lord,
I pray
that I might be honored with clothing of light,
from which I have been stripped
that I might touch the hand of him,
from who I am separated
that I might receive my daily bread,
for which I have not worked
that I might be showered with rewards
which I have not earned
that I might remember my blessings
which I always forget.

*Speaking With God From the Depths of My Heart
Prayer 24*



St. Gregory of Narek

- 10th century (945-1003)
- Born in Narek and entered monastery of the same name near Lake Van
- Outstanding churchman and beloved teacher
- Wrote Bible commentaries, history and poetry
- Renowned for collection of prayers *Speaking with God From the Depths of My Heart* considered to have healing powers.