

Palm Sunday

“Jash-a-getz-ook” Placemats (Armenian Prayer Before Mealtime)

Your students can use and share these simple placemats at home during Palm Sunday dinner, allowing the entire family to recite the Armenian Prayer Before Mealtime together. Allow students to make a placemat for each of their family members and instruct them to set tonight’s dinner table with them and lead the mealtime prayer.



Teach students the “Jash-a-getz-ooz,” (*Armenian Prayer before mealtime*), in Armenian and English, by reciting and repeating:

ARMENIAN:

Jashagessook khaghaghootyamp ezgeragoores,
vor badrasdyal eh mez ee Dyarneh.
Orhnyal eh Der ee barkeves yoor.
Amen.

ENGLISH TRANSLATION:

In peace let us eat this food which the
Lord has provided for us.
Blessed be the Lord in His gifts.
Amen.

Materials:

- Green construction paper (12x18 size) OR Paper placemats (can be found at Smart & Final)
- (Green) Colored markers or crayons
- Glue sticks
- Templates - to follow (2 versions: 1 with girl and 1 with boy picture)

Directions:

1. Give each student copies of Template. Using green crayons or markers, color the Palm Branch in the center of template.
2. Have students each take a piece of green colored construction paper (or paper placemat) and decorate using markers or crayons.
3. Glue Prayer Template to the middle of construction paper.

Jashagestsook khaghaghootyamp ezgeragoores,
vor badrasdyal eh mez ee Dyarneh.
Orhnyal eh Der ee barkeves yoor.
Amen.

*In peace let us eat this food which the Lord
has provided for us.*

Blessed be the Lord in His gifts.

Amen.



Jashagestsook khaghaghootyamp ezgeragoores,
vor badrasdyal eh mez ee Dyarneh.
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