

# Communion Sunday Craft

## Sacrament #1: Baptism

## Baptismal "Narod" Necklace

### MATERIALS:

- Red and white string/ribbon
- Tape
- *Optional: Cross charms (wooden, foam, or make your own!)*

### PREPARATION:

- Cut strings (each student will need 3 pieces, all the same length.)



**REVIEW:** Baptism is the first of the 7 sacraments that a Christian receives in our Armenian Church. Unless people are baptized, they are forbidden to receive any other sacraments.

One of the important symbols associated with baptism is the "Narod," a red (*sacrifice*) and white (*purity*) braided cord with a cross at the end. The "Narod" is placed around the neck of the baptized child by the Godfather. The Narod reminds us of the *blood (red)* and *water (white)* which poured from Christ's side when they pierced Him on the cross with a spear (John 19:34). This also reminds us of Christ's *sacrifice (red)* for us as He died and resurrected to *purify (white)* us from our sins.

**DIRECTIONS:** Let's make a "Narod-styled" necklace.

1. Give each student 3 pieces of red and white string.
2. Tie all strings together, making a knot at one end. Tape the knot to a flat surface to hold it in place. (*see diagram to right.*)
3. Separate the **string** into 3 strands or groups.
4. Cross the left **string** over the middle **string**, then cross the right **string** over the new middle **string**.
5. Continue until you run out of string. Tie at the bottom.
6. Tie 2 ends together to make a "Narod" necklace.
7. *Optional: Attach a cross!*

