



Making the world a better place Peace, Love, & Understanding

Lent gives us the opportunity to:

- Renew our commitment to God
- Reflect on our lives and let them be directed by God
- Respond to Jesus' call for love and mercy toward all God's children

The Heart of Lent is inner penitence and reconciliation with God.

Begin with self-examination & inner healing:

- Set aside this period to examine and evaluate your life as a Christian.
- Spiritual renewal is possible only if you're willing to repent for your sins and change your life for God.

■ Commitment

Realize that commitment to God is more than just going to church – it involves carrying out God's will daily, whatever the circumstances.

■ Perseverance

Keep your hope and faith in Easter's promises alive all year long, every year. Realize that Christians of every age have experienced times of testing and have overcome temptation and despair.

Reconciliation with God involves:

- **Sorrow for Sins**
Changing your life begins when you admit that Christ suffered and died for your sins.
- **Spiritual Growth**
Christian maturity begins when you acknowledge dependence on God. Resolve to accept and carry out His will.

