

LESSON XIII - HOLY COMMUNION

GETTING STARTED

- 1.) Have the students read John 6:51-60 and:
 - a.) Together outline/list the various points that Jesus makes in this section.
 - b.) Describe the reaction of some of Jesus's followers when He made those comments.
- 2.) Read John 6:66. Then discuss what some of Jesus's followers did.
- 3.) Review the YACE pamphlet A HARD SAYING with your students.
- 4.) Draw your students' attention to the fact that in the Armenian Church the Commemoration of the establishment of the Sacrament of Holy Communion is remembered in a special way each year during the Divine Liturgy on Holy Thursday morning.

FINISHING-UP

Brief Answers - Briefly answer/complete each of the following statements.

- 1.) What are some of the names given to Holy Communion ?
- 2.) What are some of the examples - *archetypes* of Holy Communion ?
- 3.) Where do we find the story of the establishment of the Sacrament of Holy Communion ?
- 4.) What is the meaning of Holy Communion ?
- 5.) What makes Holy Communion so special ?
- 6.) What are the major parts of the Divine Liturgy ?

ADDITIONAL

- 1.) Review the section entitled RECEIVING HOLY COMMUNION. Carefully practice the steps which are presented for receiving Holy Communion.
- 2.) Have the students enumerate what is necessary to properly receive Holy Communion ?
- 3.) Learn and sing the hymn ASDVADZ MER - OUR GOD from the Divine Liturgy .

Questions for Study for Holy Communion

- 1.) What was the "hard saying" of Jesus?
- 2.) What did Jesus do that made the Apostles begin to understand His "hard saying"?
 - a. When did this happen?
- 3.) What was the important lesson that the disciples learned at Emmaus?
- 4.) How/why is this lesson important to us?
- 5.) How do we prepare to receive Holy Communion?
 - a. What does the Holy Bible have to say about this?
- 6.) Why is it important to receive Holy Communion?
- 7.) Review the proper method for receiving Holy Communion?
 - a. fasting
 - b. confession
 - c. approach the altar
 - d. make the Sign of the Cross
 - e. say, "Megha Asdoozoh. . . I have sinned against God."
 - f. open mouth; slightly extend the tongue
 - g. swallow Holy Communion and close mouth
 - h. step to the left
 - i. wait for the final Communion Blessing
 - j. quietly and reverently return to your seat

SPECIAL NOTE TO TEACHERS:

As preparation to a consideration of BREAD OF LIFE, it is highly recommended to read the following Scriptural passages:

- 1.) John 6:22-71
- 2.) Matthew 26:17-29
- 3.) Luke 24:13-50
- 4.) I Corinthians 11:23-32