

# Feasting and Fasting

## PREPARE A FAMILY FEAST

You are in charge of planning a feast for 25 people in your family — some will be coming from foreign countries, some from

your neighborhood. They range in age from 3 to 83. The feast will be an all-day Saturday affair in June. Enjoy making plans!

Menu: What will you serve?

---

---

Where will it take place? What special decorations or “touches” will you use?

---

---

What equipment will you need?

---

---

Are you planning the party for outdoors? What will you do if it rains?

---

---

Arrangements for transportation to/from airports, and accommodations.

---

---

Any games, songs, activities for the day?

---

---

What people in your family can you ask to help in some way?

---

---

How will you invite people and let them know about the party?

---

---



1. As you made your plans, what did you look forward to (anticipate)?

---

---

2. What did you remember from past family feasts that you would like to do again? What things would you *not* want to repeat?

---

---

3. What part did you enjoy most in planning?

---

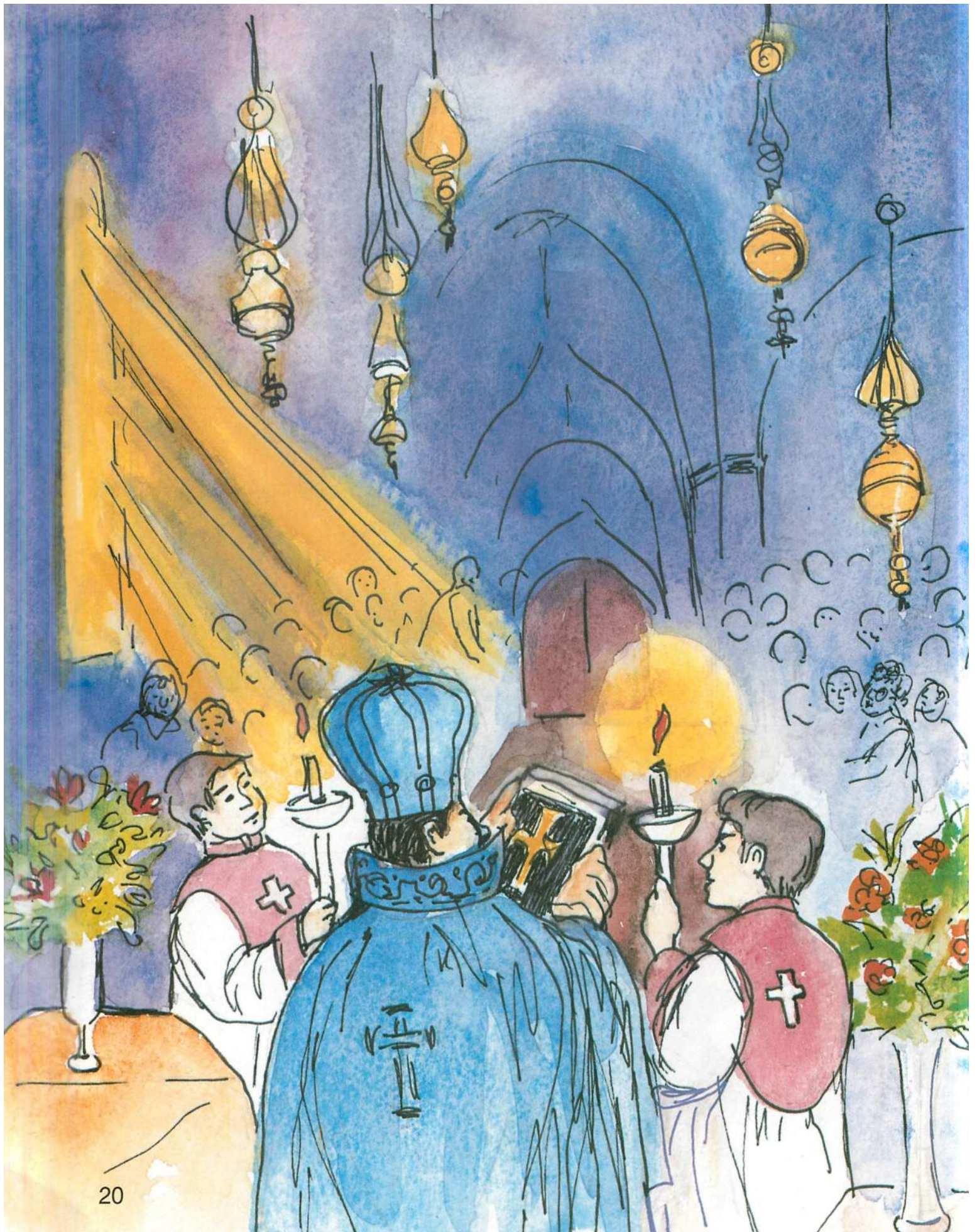
---

4. What event have you ever *really* planned before? How did the event turn out?

---

---





# How We, the Church, Prepare

Easter  
Սուրբ Զատիկ  
Soorp Zadig

**Feast**  
Easter

## **Preparation**

40-day period of fasting and spiritual preparation called Lent. Many hymns and prayers are solemn in tone. A time of intense effort to restore our relationship with God. One Lenten prayer:

All-provident Lord, place the holy fear as a guard before my eyes, that they may no more look lustfully; before my ears, that they may not delight in hearing words of evil; before my mouth, that it may speak no falsehood; before my heart, that it may think no evil; before my hands, that they may do no injustice; before my feet, that they may walk not in the paths of iniquity; but so direct them, that they may always be according to all thy commandments. Have mercy upon thy creatures and upon me, a manifold sinner. Amen.

Prayers and hymns are filled with words like “rejoice” and “Alleluia!” We share the Easter greeting: Christ is risen from the dead! Blessed is the Resurrection of Christ!

To Think About:

1. What is similar in the Church’s preparations and the ones you made for your “family feast?”
2. Why do you think the Church considers fasting important? (Read Acts 13:1-3 to see how fasting has always been a part of the Church’s life.)

Lent  
Պահ  
Bahk

