When children and parents have faith discussions regularly, faith multiplies.



Theme of the Sunday: GOD'S CARE AND PROTECTION

Verse of the Sunday: And a man of the house of Levi went and took as wife a daughter of Levi. So the woman conceived and bore a son. And when she saw that he was a beautiful child, she hid him three months. But when she could no longer hide him, she took an ark of bulrushes for him, daubed it with asphalt and pitch, put the child in it, and laid it in the reeds by the river's bank. And his sister stood afar off, to know what would be done to him. Then the daughter of Pharaoh came down to bathe at the river. And her maidens walked along the riverside; and when she saw the ark among the reeds, she sent her maid to get it. 6 And when she opened it, she saw the child, and behold, the baby wept. So she had compassion on him, and said, "This is one of the Hebrews' children." Then his sister said to Pharaoh's daughter, "Shall I go and call a nurse for you from the Hebrew women, that she may nurse the child for you?" And Pharaoh's daughter said to her, "Go." So the maiden went and called the child's mother. Then Pharaoh's daughter said to her, "Take this child away and nurse him for me, and I will give you your wages." So the woman took the child and nursed him. And the child grew, and she brought him to Pharaoh's daughter, and he became her son. So she called his name Moses saying, "Because I drew him out of the water."

<u>Message/Moral of the day:</u> Our Bible story today is about a little baby boy who was born in a very dangerous time. We see the amazing things his mother did to keep him safe and make sure he had every opportunity to grow, learn, and have the best of everything in his life. What an amazing story of a mother's love for her child. We all know how Moses grew to be one of the greatest leaders the people of Israel has ever known. And it all started with a little baby hidden in the bulrushes down by the river

## Faith at Home:

- Discuss with your kid/s what motherly love is and what it involves
- Share with your kid/s a story from your life when you felt God's care and protection over you
- Call your parent/s today and tell them how much you appreciate them

<u>Prayer & Worship:</u> Dear Heavenly Father, just as the mother of Moses watched over her son and protected him, you love and care for your children. We thank you for your love and protection. In the name of the Father, the Son and the Holy Spirit we pray. Amen

## **Liturgical Calendar: Fast of Nativity**

he Nativity Fast is a period of abstinence and penance practiced by the Eastern Orthodox, Oriental Orthodox, and Eastern Catholic Churches, in preparation for the Nativity of Jesus. Through the discipline of fasting, when practiced with prayer, repentance, and almsgiving, it is believed that by tempering the bodily desire for food, other passions are tempered as well, and that the soul can orient more away from worldly needs and more towards spiritual needs. Through this practice one is better enabled to draw closer to Christ, and engage in the continuous and synergistic process of becoming more Christ-like. While fasting is practiced with the body, it is important to note that emphasis is placed on the spiritual facet of the fast rather than mere physical deprivation. Orthodox theology sees a synthesis between the body and the soul, so what happens to one can be used to have an effect on the other.