

Design A Vestment: "Belt of Truth"

The first part of the Badarak is called the Preparation. At this time, the priest has blessed and put on his garments. One part of his vestments is a belt, in Armenian called "Kodi."

In Ephesians 6:10-18 we are taught about the Armor of God, and in verse 14, the scripture reads, ¹⁴Stand therefore, having your loins girt about with truth . . . " (or in simpler terms: "Stand firm then, with the belt of truth buckled around your waist.)

The Belts of Truth that we are making today represent a combination of a belt that may be worn in the Armor of God along with phrases that represent the significance of the belts worn by our church priests. Make your own Belt of Truth. Copy the phrases below onto your belt pieces to be reminded of how our priests put on their own Armor of God each time they perform the Badarak.

- Be strong in the LORD!
- Put on the whole armor of God!
- Belt of Truth
- "Kodi"

Materials:

- String or ribbon
- Belt Template (use as a pattern to cut out several using colored construction paper – each child will need 4.)
- Colored construction paper or colored printer paper (4 different colors)
- Stapler (or glue)
- Scissors

Instructions:

1. Print out "Blank Belt of Truth Template" and use as a pattern to cut out several belt pieces using 4 different colors of colored construction paper. **OR** Print out the "Individual Belt of Truth Template" each page on a different color of paper.
2. Give each student 4 of the construction paper belt pieces from template.
3. If not already printed, have students copy each Belt of Truth phrase (above) onto 1 of their belt pieces.
4. Cut a piece of string or ribbon, long enough to be tied around the child's waist.
5. Center the 4 belt pieces in the middle of the string. Fold about 1 inch of the top of each belt piece over the string. Staple so that pieces are attached to the string, as pictured above.
6. Tie it around their waists and you're done.

