

# Sunday School Craft

## Nushkhar / Body & Blood Cookies

### SCRIPTURE:

Matthew 26:26 “. . . Take, eat; this is my body.”

### MATERIALS:

- Circular cutout cookies (or any other round, plain cookie)
- Frosting (white, red)
- Toothpicks
- Plastic knives
- Pictures of different khachkar imprints: Crucifix, Lamb, Cross (to follow)
- Optional: Red/white decorations
- Optional: Actual Nushkhar (if you can get from priest)

### PREPARATION:

- Ask your priest for an actual Nushkhar to use as model
- Print copies of different khachkars imprints.
- Put frosting and decorations into small containers



### DIRECTIONS

#### NUSHKHAR COOKIE

1. Set out and discuss the pictures of different nushkhars (*Crucifix, Lamb, and Cross*) for students to use as models.
2. Give each student a cookie, a small amount of white frosting, and a toothpick.
3. Have students carefully spread the frosting over the entire front of cookie.
4. Using their toothpicks, have them select one of the nushkhar designs to “etch” into the frosting.

#### BODY/BLOOD COOKIE

1. Give each student a cookie and a small amount of white and red frosting.
2. Have students carefully spread the white frosting over  $\frac{1}{2}$  the cookie, and the red frosting over the other  $\frac{1}{2}$  of cookie, representing the body and blood of Jesus.
3. Optional: Continue to decorate with other white/red decorations

