

Sunday School Craft

Adam's Apple

(and Eve's, too!)

MATERIALS:

- Paper Lunch bags
- Red and green crayons
- Shredded (or crumpled) paper
- Black construction paper
- Ribbon or string
- Scissors
- Hole punch
- Optional: Small candies

PREPARATION:

- Cut out "leaf" shapes from BLACK construction paper (pattern next page). Using hole punch, make a hole towards the "stem."
- Make a sample



DIRECTIONS:

1. Give each student a brown paper lunch bag. Keep it folded and flat. Instruct students to color the top of the bag, (about 2-3 inches) GREEN. Color the bottom of the bag RED. Turn bag over and repeat coloring on the other side.
2. Open the bag and fill with crumpled or shredded paper. OPTIONAL: Put a few candies inside the bag along with the paper.
3. "Scrunch" the top of the bag (should be just below where student has colored the bag GREEN) to close it. (You may want to blow air into the bag as you would a balloon so that the bag takes the shape of an apple.) Secure closed with a piece of ribbon or string.
4. Attach a BLACK leaf to the string. The BLACK leaf represents EXPULSION.
5. Students will take home their "Adam (& Eve'!) Apple" and place someplace to be reminded to resist temptation during Lent. On Palm Sunday, they may break open to enjoy their treat!

