Ohv Kris-dohs, Toon vohr ah-meh-noon bah-hah-bahn-un

yes, Koo ahch tserr-kuht hoh-vahn-ee uh-lah een-tsee

tseh-reg oo kee-sher, dah-nuh mech gahm jahm-por-tahds

ah-deh-nus, kn-ahds gahm ar-toon jhahm-er-oos,

vor-bes-zee yer-pek chuh-sah-sahn-eem. Vogh-or-meh koo

ar-ar-ahds-ner-oot yev mahn-ah-vahnt een-dzee vor meds

megh-ah-vor mun yem.

Oh, Christ, the protector of all, stretch your right hand over me and protect me day and night, when I am at home or on the road, during my sleep or when I am awake, that I may never fail. Have mercy on your creatures and especially on me.