**Meaningful Moments**

**10 Lessons on the Divine Liturgy (5th-11th grades)**

*Meaningful Moments* consists of ten 45-minute sessions on the Divine Liturgy, adaptable for single or mixed groups from 5th through 11 grade. Each focuses on a specific experience during worship, followed (or sometimes preceded) by attendance at church to observe and experience this particular moment.

These certainly do not cover everything one could learn or know about the Badarak. However, they do cover important liturgical concepts and the “basics” for school-age children and teens.

*How to Incorporate These into Your Curriculum*

1. Single lesson plans used occasionally to enrich or “take a break” from your curriculum.
2. The foundation for an interesting 10-week curriculum on the Divine Liturgy for a mixed grade group in small single-or-two-group Sunday Schools.
3. *Meaningful Moments* can also be one of the upper grade options (9th-11th grades) for single grades or mixed groups.

*Suggestions for Teachers*

1. Read through all ten sessions.
2. Note when and where you would need special communications with your pastor, parish council, or parents.
3. Although the curriculum is complete and *nothing* additional is necessary, if you have a longer time frame consider any individual enrichments you would want to bring to the sessions (current events, guest speaker such as pastor, a deacon, or choir member, etc.).
4. “Exit slips” are used in Session #4 on the Kiss of Peace. They may be used throughout the curriculum.

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8. Holy Communion
9. Last Blessing and Dismissal
10. Hokehankeesd (Requiem)