Ja,agyxovk qa.a.ov;yamp

Uzgyragovrs5 or badrasdyal

e myz i Dya-ne7

Orhnyal e Der i barcyvus

ivr7 Amen1

**PRAYER BEFORE A MEAL**

Ja,agyxovk qa.a.ov;yamp uzgyragovrs5

Jah-shah-geh-tsook khah-ghah-ghoo-tyahmp uz-geh-rah-goo-rus

Let us in peace eat this meal,

or badrasdyal e myz i Dya-ne7

vor bah-drahs-dayl eh mez ee dee-ar-neh

Which is prepared for us by the Lord.

Orhnyal e Der i barcyvus ivr7 Amen1

Or-nyal eh Der ee bar-kev-us ee-oor. Amen.

Blessed is the Lord in his gifts. Amen

**Prayer after the Meal**

Zliov;ivn i wera3 se.ano3s

Uz-lee-o-tyoon ee veh-rah seh-ghah-nooys

The fullness on this table

Anhad yv annovaz arasxe

Ahn-hahd yev ahn-noo-ahz ah-rahs-tseh

Make endless and inexhaustible

Krisdos Asdova/ myr

Krees-dohs Ahs-dvahdz mer

May Christ our Lord

Or uzmyz gyragryax yv liaxo3x

Vor uz-mez geh-rah-greh-ahts yev lee-ah-tsooyts

(He) who fed and made us full.

Nma ‘a-k5 3avidyans7 amyn1

Nuh-mah park, hah-vee-dyan-us. Amen.

To Him glory, forever. Amen.