

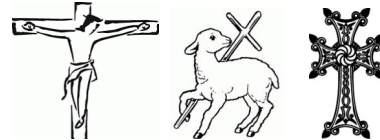
Make a Clay "Nushkhar"

Discuss with students the different imprints our priests use when making the "Nushkhar" for Communion, (*Crucifix, Lamb, Cross*).



What you Need:

- White Clay or Play Doh
- Toothpicks
- Pictures of: **Crucifix, Lamb, and Cross** (*for students to use as a model to copy*)
- *Optional:* Plastic cups to use to cut dough into circles
- *Optional:* Circular cookie cutter
- *Optional:* Rolling pin
- *Optional:* Oven or hot plate (*use caution if small children are present.*)



Before Class:

- *Optional:* Arrange with your priest to have a "Nushkhar" to use during class.

What to Do

1. Give each student a ball of clay/playdoh (about the size of a walnut) and a toothpick.
2. Have students flatten their dough using their hands or a rolling pin. Using the rim of a plastic cup or circular cookie-cutter, shape the dough into a circle.
3. Post pictures of the **Crucifix, Lamb, and Cross** that students may use as a model to copy. Instruct students to select one of these designs, and using a toothpick, "carve" it onto their Nushkhar. (If you were able to obtain a Nushkhar from your priest, students may use this as their model to copy.)

Allow clay to dry/harden. *Depending on your dough and **If** you have access to an oven or hot plate, bake the students' Nushkhars so that they harden.*

