

A Plate Full of Remembrance

Make a picture of Communion, ("Nushkhar"), to be reminded of the special time we put aside to remember Jesus.

Discuss with students the different imprints our priest uses when making the "Nushkhar" for Communion, (Crucifix, Lamb, Cross).



What You Need

- Paper plates
- Scissors
- Glue
- Crayons
- "Nushkhar" Template (*to follow*)
- *Optional:* Pieces of "mahs"

Before Class

1. Duplicate the "Nushkhar" Template for each child.
2. Make a sample so the children can see the finished craft.

What to Do

1. Give each child a copy of the "Nushkhar" Template. Explain that the top circle shows a picture of the CRUCIFIX. Instruct students to cut out the top "Nushkhar" circle and glue to center of the front of the plate.
2. Instruct students to make their own "Nushkhar" picture by drawing either a LAMB or CROSS in the bottom circle. Cut out and glue to back of plate.
3. *Optional:* Arrange to have a piece of "mahs" for each child to put on their plates to take home.

Cut out circle.
Glue to front of plate.

Then Jesus took some bread. He thanked God for it, broke it, and gave it to the apostles. Then Jesus said, "This bread is my body that I am giving for you. Do this to remember me." Luke 22:19



Draw your own "Nushkhar"
Here, (Lamb or Cross).
Cut out & glue to back of plate.

Then Jesus took some bread. He thanked God for it, broke it, and gave it to the apostles. Then Jesus said, "This bread is my body that I am giving for you. Do this to remember me." Luke 22:19